

# OUR CHILDREN AND TEENS ARE BEING CHALLENGED AS NEVER BEFORE!

- Teen pregnancy
- Depression and suicide
- Divorce and family break-ups
- School dropouts
- Negative media influence
- More children living in poverty
- Bullying, violence and gangs
- Sense of hopelessness

## THE DEVELOPING CAPABLE PEOPLE® PROGRAM

- ▶▶▶▶ DEVELOPING CAPABLE PEOPLE® is a powerful, nine session educational training program for parents, teachers and other concerned adults who are committed to making a positive difference in the lives of children and teens.
- ▶▶▶▶ Each session provides participants with practical information and the specific skills needed to empower youth with the Seven Life Principles. These **THREE PERCEPTIONS** and **FOUR LIFE SKILLS** are of critical importance to help young people become healthy, responsible and successful members of society.

## THE SEVEN LIFE PRINCIPLES

- ☑ **PERCEPTIONS OF PERSONAL CAPABILITY**  
*"I have confidence in my ability to learn and succeed in life."*
- ☑ **PERCEPTIONS OF PERSONAL SIGNIFICANCE**  
*"My life has meaning and purpose and I am genuinely needed."*
- ☑ **PERCEPTIONS OF PERSONAL POWER**  
*"I have the power to control my life. I am not a victim of luck or fate."*
- ☑ **SELF-DISCIPLINE**  
*"I can effectively manage my thoughts, feelings and actions."*
- ☑ **COMMUNICATION**  
*"I use positive communication skills to live successfully with others."*
- ☑ **RESPONSIBILITY**  
*"I am socially responsible and accountable for my behaviour."*
- ☑ **VALUES & PRINCIPLES**  
*"I make decisions based upon personal values and principles."*



Developing Capable People is a breakthrough educational training program. Learn about the Seven Life Principles that 30 years of research has proven necessary to develop healthy, capable and responsible youth.